



The St. John's Sea Lions Swimming Club is excited to introduce their new head coach, Ryan Wiencek. Ryan grew up in a small city south of Detroit called Woodhaven. He is currently a sophomore at Michigan State University. He has been swimming since the age of eight. Ryan started competitive swimming around age 11. His dad was a competitive swimmer when he was younger and Ryan followed his passion and love of the sport. Ryan has coached multiple swim clinics which focused on technique, like hand positions. Ryan's philosophy of coaching is to keep it fun but also increase swimmer competitiveness. Ryan wants to teach all swimmers how to set goals, both short and long term to continue their advancement in decreasing their lap time. He is excited to work with the current staff to build team comradery and the skills of our swimmers throughout the year. Welcome Ryan!

