

Capital Area Swim League Championship Meet
Hosted by: Mid Michigan Aquatics
July 23, 2019

Location: Michigan State University IM West indoor Pool. 393 Chestnut East Lansing MI 48824

Times: Monday July 23, 2018 4 pm warm up 5:30 Start.

Motels: Use your favorite Hotel Site

Facilities: Michigan State University is a 6 lane 25 yard pool. Depth at start is 7ft¹ and 4ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. *Colorado timing with an 6 lane display will be used.* There is ample balcony seating for spectators. Lockers are available (**provide your own lock**). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C (4).

Meet Format: One session all ages. The events will be swum as 8 & under (25s only), 12 and under, 13 and over, and Open. They will be subdivided for scoring and awards to 8 and under(25s only), 10 and under, 11-12, and 13 and over. This meet is open to the following teams. MMA, WPSC, DEL, Haslett Seahawks, Holt, Mason, Charlotte, St. Johns.

Individual Entry Limits: Swimmers may swim a maximum of 4 times no more than 2 of which may be individual events.

Electronic Entries: \$10 per swimmer paid to Mid Michigan Aquatics.

Entry Procedures: The Administrative Official must receive all entries no later than July 19, 2019 at 11:59 pm. Entries must include correct swimmer name and age. All individual entries should be submitted via electronic mail to the Administrative Official at mmahurricaneentry@gmail.com.

Refunds: Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part.

Entries: Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to: Damon Robertson 8283 Williams Rd DeWitt MI 48820 517 402-2557
mmahurricaneentry@gmail.com

Check In: There will be no check in for this meet. .

Scratch Rules: This meet will be pre-seeded so there is no penalty for not showing up for an event.

¹Depth at Start must meet State of Michigan requirements.

Marshaling: This meet will be self marshalled.

Seeding: All events are timed finals and will be seeded slowest to fastest

Deck Entries/Time Trials: Deck Entries will be allowed for open lanes only. Cost of a Deck Entry is \$15 per swimmer. **NO Time Trials will be offered.**

Meet Programs /Admissions: \$5 per person includes a heat sheet. 10 and under free.

Scoring: Team Scores will be kept and places 1 to 16 in each event will score points. Standard 16 place scoring will be used. Maximum of 4 swimmers from 1 team may score in an events age group. The following age groups will be scored 10 and under, 11-12, 13 and over.

Awards: Ribbons for the top 8 in each event age group.

Swimming Safety: Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Deck Personnel/Locker Rooms/Credentialing: Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info: Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid: Supplies will be kept in the pool office.

Facility Items:

- (A) No smoking is allowed in the building or on the grounds of MSU
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.

Meet Director – Patrick Saucedo

Meet Referee – TBD

Safety Marshal – Ian Townsend

Administrative Official – Damon Robertson, 517 402-2557

Coachdtr1@gmail.com

Send entry to mmahurricaneentry@gmail.com

Capital Area Swim League Summer Championship Meet

July 23, 2019

Girls	Event	Boys
1	Open 200 Medley Relay	2
3	Open 200 Freestyle	4
5	12 and under 100 IM	6
7	13 & over 200 IM	8
9	8 & Under 25 Free	10
11	Open 50 Freestyle	12
13	8 & Under 25 Butterfly	14
15	12 and under 50 Butterfly	16
17	13 & over 100 Butterfly	18
19	Open 100 Freestyle	20
21	Open 500 Freestyle	22
23	8 & Under 25 Backstroke	24
25	12 and under 50 Backstroke	26
27	13 & over 100 Backstroke	28
29	8 & under 25 Breaststroke	30
31	12 and under 50 Breaststroke	32
33	13 & over 100 Breaststroke	34
35	Open 200 Free Relay	36

