



Frozen Mint City Invitational

Saturday, February 8th, 2020

Location:	The Iceberg – Home of the Sea Lions St. Johns High School Pool, 501 W. Sickles St. Johns, MI 48879
Facility:	25 yard, 8-lane pool with starting platforms. Daktronics Timing System with electric starter.
Time (Morning Session):	10 & Under - 8:15 warm up, 9:00 start
Time (Afternoon Session):	11 & Over – 11:45 warm up, 12:30 start
Rules:	Meet will follow MTSL Rules of Operation. The no-false-start rule will be in effect. <u>Swimmers are to swim the age they will be on February 8, 2020.</u>
Awards:	Individual Events: Trophies for 1 st Place, medals for 2 nd – 3 rd place, ribbons for 4 th – 12 place. Relays: Medals for 1 st place, ribbons 2 nd – 6 th place. Awards will be given to coaches at the end of the meet.
Entry Fee:	\$4 per individual event, \$12 per relay. Swimmers may swim a maximum of four events; three individual and one relay or two individual and two relays.
Entry Deadline:	Monday, February 3, 2020 Please make checks payable to St. Johns Sea Lions, 800 S. US27 #108, St. Johns, MI 48879
Entry Chairperson:	Chris Hallead - Email: stjohnssealions@gmail.com Email entries in Hy-Tek or text format will be acknowledged by email receipt.
Admission:	\$5.00 admission fee per adult; children 10 & under free (\$10 limit for immediate family) \$3.00 senior citizens Programs will be available for \$5.00
Pool Rules:	Only swimmers, coaches and authorized personnel will be allowed on the pool deck during the meet. Swimmers should remain in the designated areas in the building unless accompanied by a parent or coach. Footwear is required in all areas other than the pool deck.

	All concessions should remain in the areas designated. Please no food on the pool deck.
Marshalling:	The morning session will have a supervised marshalling area. The afternoon session will be self-marshaled.
Website:	For updates and information please visit: www.sjsealions.com
Tee Shirts:	Will be available:
Concessions:	Will be available.

Directions to St. Johns High School:

From the north: take US 127 to the first St. Johns exit, which is Business 27. Proceed south to M-21 and turn right (west). Drive past the courthouse and turn left (south) at the blinker light (Lansing Street). Turn right on Sickels, and the high school parking lot is directly west of the high school. The pool is on the west side of the school.

From the south: take US 127 to the second St. Johns exit (M-21). Turn left (west) on M-21 and continue west through the intersection of M-21 and Business 27. Drive past the courthouse and turn left (south) at the blinker light (Lansing Street). Turn right on Sickels, and the high school parking lot is directly west of the high school. The pool is on the west side of the school.

From the west: take M-21 into St. Johns and turn right (south) at the blinker light (Lansing Street). Turn right on Sickels, and the high school parking lot is directly west of the high school. The pool is on the west side of the school.

From the east: take M-21 into St. Johns. Continue west through the intersection of M-21 and Business 27. Drive past the courthouse and turn left (south) at the blinker light (Lansing Street). Turn right on Sickels, and the high school parking lot is directly west of the high school. The pool is on the west side of the school.

Hotels:

Heritage Place Hotel
118 N Clinton Ave
St. Johns 989-303-8822

The Nordic Pineapple
Bed and Breakfast
506 S. Oakland St
St. Johns 989-292-4178

Larger hotels available in Dewitt or Lansing.

Event List:

Morning Session

8:15 Warm Up - 9:00 Start

Event #	Age	Event	Award Divisions
1	8&Under	100 Medley Relay	(Girls, Boys, Mixed)
2	9-10	200 Medley Relay	(Girls, Boys, Mixed)
3	8&Under	100 IM	(Girls, Boys)
	9-10	100 IM	(Girls, Boys)
4	8&Under	25 Free	(Girls, Boys)
5	9-10	50 Free	(Girls, Boys)
6	8&Under	25 Fly	(Girls, Boys)
7	9-10	50 Fly	(Girls, Boys)
8	8&Under	50 Free	(Girls, Boys)
9	9-10	100 Free	(Girls, Boys)
10	8&Under	25 Back	(Girls, Boys)
11	9-10	50 Back	(Girls, Boys)
12	8&Under	25 Breast	(Girls, Boys)
13	9-10	50 Breast	(Girls, Boys)
14	8&Under	100 Free Relay	(Girls, Boys, Mixed)
15	9-10	200 Free Relay	(Girls, Boys, Mixed)

Afternoon Session

11:45 Warm Up – 12:30 pm Start

Event #	Age	Event	Award Divisions
16	11-12	200 Medley Relay	(Girls, Boys, Mixed)
	13-14	200 Medley Relay	(Girls, Boys, Mixed)
	15&Over	200 Medley Relay	(Girls, Boys, Mixed)
17	11-12	200 Free	(Girls, Boys)
	13-14	200 Free	(Girls, Boys)
	15&Over	200 Free	(Girls, Boys)
18	11-12	100 IM	(Girls, Boys)
19	13-14	200 IM	(Girls, Boys)
	15&Over	200 IM	(Girls, Boys)
20	11-12	50 Free	(Girls, Boys)
	13-14	50 Free	(Girls, Boys)
	15&Over	50 Free	(Girls, Boys)
21	11-12	50 Fly	(Girls, Boys)
22	13-14	100 Fly	(Girls, Boys)
	15&Over	100 Fly	(Girls, Boys)
23	11-12	100 Free	(Girls, Boys)
	13-14	100 Free	(Girls, Boys)

	15&Over	100 Free	(Girls, Boys)
24	13-14	500 Free	(Girls, Boys)
	15&Over	500 Free	(Girls, Boys)
25	11-12	50 Back	(Girls, Boys)
26	13-14	100 Back	(Girls, Boys)
	15&Over	100 Back	(Girls, Boys)
27	11-12	50 Breast	(Girls, Boys)
28	13-14	100 Breast	(Girls, Boys)
	15&Over	100 Breast	(Girls, Boys)
29	11-12	200 Free Relay	(Girls, Boys, Mixed)
	13-14	200 Free Relay	(Girls, Boys, Mixed)
	15&Over	200 Free Relay	(Girls, Boys, Mixed)